\$wing (B)	Tier 1	Tier 2
Week 1	Basic Footwork and Rotation	Stop and Go; Double Turn Exit
Week 2	U/A Turn and Return; The Shunt	Turning (RH) Shunt; The Banana
Week 3	The Swing Out Session!!!	
Week 4	Lindy Circle; Closed Swing Out	The Rubber Band
Week 5	Double Turn Out; DTO to Closed Position	Don't Go; Slow Drag
Week 6	Texas Tommy	Mini-Dip

Notation

- Tier 1 Content
 - Tier 2 Content
 - Linking figures to basic Tier 1 Routine
- OR ... Tier 2 content replaces the Tier 1 figure
- /... Choice of figure(s)



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Swing (B) Routine

Week 1

• Basics (Closed) & Rotation

Week 2

- Under Arm Turn
- Return / Shunt OR
 - Turning Shunt
 - o The Banana

Week 3(&1)

- Swing-Out OR
 - Swing-Out Variation
 - o Stop and Go

Weeks 4

- Lindy Circle
- Closed Swing-Out
 - o The Rubber Band

Week 5

- Double Turn-Out to Closed Position
 - o Don't Go / Slow Drag

Week 6

- Texas Tommy
- Return **OR**
 - o Mini-Dip
 - o Close

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