

Rockabilly (B)	Tier 1	Tier 2
Week 1	Basic Footwork & Hand Holds	Basic Push Pulls; The Pull Through
Week 2	Top Turn and American Spin	Reverse TT Variations - Hold, Flick Away
Week 3	LH and RH Figure 8	Rocks Off The Back
Week 4	Double Hand Basic; Cuddle and Roll-Out	Double Hello
Week 5	Gate; Gate StS	Hip 'n' Shoulder
Week 6	Spaghetti Pull-Out	Spaghetti Rocks

Notation

- Tier 1 Content
 - Tier 2 Content
 - *Linking figures to basic Tier 1 Routine*
- **OR ...** Tier 2 content replaces the Tier 1 figure
- **/...** Choice of figure(s)

Rockabilly (B) Routine

Week 1

- Basics x 2

Week 1&2

- Top Turn & American Spin
 - Push Pulls x 2
 - Pull Through

Week 3

- RH Figure 8
 - Rocks Off The Back
- American Spin

Week 4

- 2H Basic x 2
 - Double Hello
- Cuddle & Roll-Out
- LH Top Turn & American Spin

Week 5

- Gate Side to Side
 - Hip 'n' Shoulder

Week 6

- Crossed Arm Basics x 2
- Spaghetti Pull-Out OR
 - Spaghetti Rocks
- American Spin