Kick-Step (C)	Tier 1	Tier 2
Week 1	Basic Footwork	Frame & Compression; Long Walks
Week 2	U/A Turn and Return; Basic Link	Opening Out; Pass Behind the Back 2
Week 3	Open and Closed American Spins	2H American Spin; Spinning Top
Week 4	Pass BTB; Belly Rub; Back Rub	The Bob; Rhythm Variations
Week 5	Cuddle & Roll-Out	Who's The Boss?
Week 6	Gate; Gate StS	Sweep Walks (Wally Walks)

# **Notation**

- Tier 1 Content
  - Tier 2 Content
  - Linking figures to basic Tier 1 Routine
- OR ... Tier 2 content replaces the Tier 1 figure
- /... Choice of figure(s)



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# Kick-Step (C) Routine

## Week 1

- Basic (Closed)
  - o Long Walks

#### Week 2

- Under Arm Turn & Return
  - Open Out (on Return)
  - o Pass Behind the Back 2
  - Under Arm Turn & Return

#### Week 3

- Closed & Open American Spin OR
  - o 2H American Spin
  - o Flick Away
- Return

#### Week 4

- Pass BtB / Belly Rub / Back Rubs
  - o Return
  - o The Bob
- Return

# Week 5

- Cuddle & Roll-Out OR
  - o Who's The Boss?
- Return

### Week 6

- Gate Side to Side OR
  - Sweep Walks
- Open American Spin
- Link

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