

Kick-Step (A)	Tier 1	Tier 2
Week 1	Basic Footwork	2 Steps Forward/Back; Directional Kicks
Week 2	U/A Turn and Return; Basic Link	Rope
Week 3	Open/Closed American Spins	Spins vs. Turns; Catapult
Week 4	Pass BTB; Belly Rub; Back Rub	Flirt; Flirt and Slide
Week 5	Cuddle & Roll-Out	Roll In; Double Roll
Week 6	Gate; Gate StS	Gate Back and Forth

Notation

- Tier 1 Content
 - Tier 2 Content
 - *Linking figures to basic Tier 1 Routine*
- OR ... Tier 2 content replaces the Tier 1 figure
- /... Choice of figure(s)

Kick-Step (A) Routine

Week 1

- Basic (Open)
 - Basic (2 Steps Back/Forward)
 - Directional Kicks

Week 2

- Link & Under Arm Turn
- Return OR
 - Rope

Week 3

- Closed & Open American Spin
 - Catapult
- Return

Week 4

- Pass BtB / Belly Rub / Back Rubs
- Return
 - Flirt / Flirt & Slide

Week 5

- Cuddle & Roll-Out
 - Roll-In, Roll-Out
 - Double Roll
- Under Arm Turn & Return

Week 6

- Gate Side to Side OR
 - Gate Back & Forth
- Open American Spin